

**Arts and Health Cross Party Group Meeting 4 February 2020**  
**12.30, Cofnerence Room A, Ty Hywel, Cardiff Bay.**



**Present**

Jayne Bryant, AM and Chair  
Maddie Rees, Head of Digital and Campaigns  
Sally Lewis, Arts Council of Wales  
Nesta Lloyd Jones, Welsh NHS Confederation  
Callum Hughes, Welsh NHS Confederation  
Paul Lewis, WLGA  
Tim Jenkins, WLGA  
Angela Rogers, WAHWN  
Sarah Goodey, Aneurin Bevan UHB  
Prue Thimbleby, Swansea Bay HB  
Nicola Llewelyn, Hywel Dda HB  
Amy Lewis, Cwm Taf UHB  
Freda Lacy, Powys Teaching Board

Gill Windle, Bangor University  
Simon Joslyn, Cardiff & Vale UHB  
Andrea Davies, BCUHB  
Kelly Barr, Age Cymru  
Abu Askira, Social Care Wales  
Kathryn Algar-Skaife, Bangor University  
Helen Williams, Arts Council of Wales  
(minuting)

**Apologies**

Rob Ashelford, Y LAB  
Rhian Webber, Cwm Taf UHB  
Sian Tomos, Arts Council of Wales  
Llyr Gruffyd, Assembly Member

**Welcome and introductions from Jayne Bryant (JB) AM**

JB welcomed all to the meeting and thanked everybody for attending.

**Minutes of the last meeting 18 September 2019**

The Group agreed that the minutes of the last meeting were an accurate record.

**Partners Update**

The Chair enquired if there were any further updates to note other than those already shared with the group?

Nesta Lloyd-Jones noted that the NHS Confederation would be publishing a briefing on Children and Young People on Friday of this week and will be launching a podcast with Phil George, Chair of the Arts Council of Wales. Should members wish to contribute their news on the subject, could they please let Helen Williams know.

Prue Thimbleby noted that Swansea Bay Health Board would be providing a presentation on their patient story work in Wales to the Department of Health in London on February 6<sup>th</sup>.

**How the arts can support social care – Two short films presented on behalf of WAHWN**

Angela Rogers introduced the films to the Group, the first film was Creative Care Homes a Denbighshire County Council Arts Service project. The film highlighted how the arts support social care in care homes with clear evidence of the benefits demonstrated. SL noted that Denbighshire were very proactive about this initiative and the concept is proving to be of growing interest within the other local authorities.

The second film shown was based on cARTrefu, part of AGE Cymru's cARTrefu programme was and again the film demonstrated the huge success of working within care homes and the benefits to the residents.

### **cARTrefu Case Study**

Kelly Barr, Arts and Creativity Programme Manager, AGE Cymru, gave a presentation entitled "Creating artists in residents - A national arts in care homes participatory and mentoring programme" to the Group. Much research had gone into the the programme and solid evidence had been gathered about the success of the work. Kathryn Algar-Skaife, Bangor University, noted that the project involves working towards the objectives within the Wellbeing of Future Generations Act and that they are continuing to work with cARTrefu to explore the possibilities of embedding this work in the social care sector.

It was felt that there were some barriers around gaining access to certain care homes in order to launch this type of project. Some difficulty was expressed in getting ideas across to the care homes despite trying to get the right people involved.

### **Raising Awareness – Coordinating our approach to communication on the impact of this work**

Nesta Lloyd-Jones noted that NHS Confed were today sharing a case study entitled "Engaging with the arts to improve health and wellbeing in social care settings".

### **AOB**

Angela Rogers informed the Group that the NHS Confederation Conference would be taking place tomorrow at City Hall, Cardiff.

Sally Lewis noted that the Arts Council of Wales conference would take place in September 2020 and the emphasis would be on Arts and Mental Health.

Simone Joslyn noted that the Mental Health Foundation would be hosting an Arts and Mental Health event in Cardiff on 10<sup>th</sup> October 2020.

Freda Lacy noted that Powys Teaching Board would be pulling together an eco-therapy network focusing on the arts and green therapy and there was quite an appetite for this. Also projects in Powys funded by the Big Lottery involved artists going into people's homes to teach arts and this too, was gathering pace.

**Themes of next meetings:** SL noted that "Social Prescribing" would be the theme at the next meeting.

**Date of next meetings:** 13<sup>th</sup> May 2020 and 15<sup>th</sup> July 2020 (AGM).